

2025 WINTER SYMPOSIUM
56TH CVNLA SHORT COURSE
PESTICIDE RECERTIFICATION
HOMES AND HABITATS

FEBRUARY 12, 13, 14, 2025



WEDNESDAY, FEBRUARY 12, 2025

8:00 AM

DOORS OPEN, COFFEE SERVICE FOR IN-PERSON ATTENDEES

8:45 AM

ZOOM WEBINAR OPENS FOR VIRTUAL ATTENDEES

9:00 AM

WELCOME ADDRESS

9:10 AM

OHKEHTEAU UNNEHTONGQUATASH, PLANT STORIES

Silvermoon LaRose, Tomaguag Museum

Storytellers are more than performers, they are essential knowledge keepers, each offering a unique retelling of the stories of their ancestors and creating new tales to continue these traditions. Storytellers weave memory, knowledge, values, and traditions for future generations. Through stories, we encourage a reciprocal relationship between ecology and ourselves. This lecture will provide an exploration of Indigenous plants, the value of traditional ecological knowledge, and the stories that connect us to the gifts of our ecology.

10:20 AM

BREAK

10:30 AM

WILD PLANT CULUTRE: RESTORING NATIVE EDIBLE AND MEDICINAL PLANT COMMUNITIES

Jared Rosenbaum, Wild Ridge Plants, LLC

Native edible and medicinal plant species can be integrated into gardens and ecological restoration projects to create habitats that support (and include) humans as part of local ecosystems. We'll consider stewarding edible and medicinal plant species in native habitats such as riparian corridors and glades and discuss how a habitat-based approach translates to yards, parks, and farms. We'll explore the prospect of changing our foodways to patterns that favor native diversity, rewarding restoration and stewardship.

Field botanist, native plant grower, and restoration practitioner Jared Rosenbaum asks whether we can honor native ecosystems and indigenous lifeways as we restore habitats that support humans, other animals, and native plants alike.

11:30 AM

LUNCH, NETWORKING, BOOKSALE & SIGNING

See end of program for CEU details and instructions



12:30 PM

THE BUTTERFLY EFFECT: MICRO PLANTINGS FOR MACRO IMPACT

Dr. Jared Barnes, Stephen F Austin State University

In this spirited presentation, Dr. Jared Barnes explores how even small plantings can significantly enhance the ecological balance of your garden, provide essential habitats for creatures and pollinators, and contribute to a thriving ecosystem. You will discover how small-scale choices can lead to large-scale positive effects, enriching both your garden's beauty and its ecological function. And, by strategically incorporating these plants, you can create a dynamic and sustainable garden environment that fosters biodiversity.

1:30 PM

BREAK

1:40 PM

PLANTING TREES IN A CHANGING CLIMATE: ADAPTING TO SOCIAL AND ENVIRONMENTAL SHIFTS

Robert Shaut, Casey Trees

This session explores the critical role of tree planting in addressing the challenges of a changing climate. It examines how shifting environmental conditions, such as rising temperatures, changing rainfall patterns, and biodiversity loss, impact the selection, growth, and survival of trees. Additionally, the session highlights the social dimensions of tree planting, focusing on community engagement, equitable access to green spaces, and the cultural significance of trees in fostering resilience. Join us to learn about innovative strategies and collaborative approaches to ensure sustainable tree planting practices that benefit both ecosystems and communities

2:40 PM

BREAK WITH SNACKS

2:55 PM

THE VIEW FROM FEDERAL TWIST: A NEW WAY OF THINKING ABOUT GARDENS, NATURE, AND OURSELVES

James Golden, Author

I fell in love with the house, a simple modernist structure, built in 1965, with floor-to-ceiling windows all around. It was advertised as "Frank Lloyd Wright-like" ... it wasn't, but you get the idea. Long before we found the house, I had intended to make a garden. But while falling in love with the house, I also realized its site was a terrible one for a garden. It was a waste of derelict woods, shade, and heavy, wet clay; an open field in 1965 had become filled with ruderal Eastern red cedars (thus need for a tree-cutting contractor to make a clearing in the woods the first spring), and though I should have felt immense inner conflict and feared likely defeat, I didn't. I had no doubt I would make a garden there. As I thought my way through the constraints, I realized the wildness presented a landscape of possibilities and a strong sense of place. I would take my cue from that. By revealing the ecology and habitat potential in that place, the land was showing me how to make a garden there in spite of the challenges, while also leading me to embrace garden practices that promote biodiversity, enhance the natural environment, and build sustainability and resilience to climate change.

3:55 PM

ADJOURN

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SPEAKER BIOGRAPHIES

SILVERMOON LAROSE



Silvermoon Mars LaRose is a citizen of the Narragansett Tribal Nation and the Assistant Director of the Tomaquag Museum. She has worked in tribal communities for over 20 years, serving in the areas of health and human services, education, and humanities. As a public servant, Silvermoon serves on the Rhode Island State Council for the Arts, the Rhode Island Historical Preservation & Heritage Commission, and is the secretary for the Charlestown Conservation Commission. Additionally, she is the vice chair for the Avenue Concept supporting local public art ecosystems, and a board member of the Rhode Island Foundation. She earned a Bachelor of Arts in Sociology, a minor in Justice Law and Society from the University of Rhode Island, and continued her studies at Western Washington University in Rehabilitation Counseling. As an artist and educator, she hopes to foster Indigenous empowerment through education, community building, and the sharing of cultural knowledge and traditional arts.

JARED ROSENBAUM



Jared Rosenbaum is a botanist, native plant grower, and Certified Ecological Restoration Practitioner. He and his wife Rachel run Wild Ridge Plants LLC, a business that grows locally native plants using sustainable practices and performs botanical surveys to support ecological land management. Jared is the author of the book *Wild Plant Culture: A Guide to Restoring Native Edible and Medicinal Plant Communities*, as well as the children's book *The Puddle Garden*, about native plants and wildlife. His work has been featured in the *New York Times*, on NPR, and in *Orion* magazine. Jared loves music and plays dark rock n' roll in the band *Hollow Howl*.



JARED BARNES



Jared Barnes, Ph.D., started gardening when he was five years old, and since then he has enthusiastically pursued how to best cultivate plants and cultivate minds. He currently fulfills those passions as an award-winning associate professor of horticulture at Stephen F. Austin State University in Nacogdoches, TX. He writes a weekly newsletter titled *plant•ed* that was featured in the NY Times, hosts *The Plantastic Podcast*, and gardens with his wife Karen and daughter Magnolia at their smallholding *Ephemeria Farm*. He obtained his Ph.D. in horticultural science from North Carolina State University in Raleigh, NC; he interned the summer of 2008 at The Scott Arboretum of Swarthmore College in Swarthmore, PA; and he has traveled around the US and into eleven countries to gain a national and global perspective of horticulture. Recent awards include the 2021 Stephen F. Austin State University Teaching Excellence Award, 2019 Perennial Plant Association's Academic Award, the 2017 Keep Nacogdoches Beautiful Sustainability Award, the 2016 Perennial Plant Association's Young Professional of the Year, and a member of GPN's 2016 Class of 40 Under 40. His passion has been recognized by peers in interviews in NY Times, People, Organic Gardening, Greenhouse Grower, AmericanHort Connect, Ken Druse's Real Dirt, and Nursery Management, and his articles have appeared in *The American Gardener*, *Fine Gardening* and *Carolina Gardener*.

ROBERT SHAUT



Rob is responsible for the team that plants over 7,000 trees annually - and maintains thousands more - annually throughout the District, Maryland, and Virginia. He holds a degree in Horticulture from Longwood Gardens in Pennsylvania, a Bachelor of Science in Business Management from Clemson University, and studied at the Royal Botanic Garden in Edinburgh, UK. Rob's team of 29 in the Tree Operations Department includes skilled field technicians, ISA Certified Arborists/Urban Foresters, Landscape Designers and GIS professionals. Rob also proudly serves on the Board of Directors for the Mid-Atlantic Chapter of International Society of Arboriculture and the TREE Fund Board of Directors.

JAMES GOLDEN



James Golden, born in Mississippi though resident in New York City for most of his adult life, was a reluctant writer in the corporate world (it paid the bills). Nearing retirement, and embarking on what he happily calls *la vita nuova*, he moved to a property in western New Jersey to make a garden. When he began the garden, he also began a now well-known blog, *The View from Federal Twist*. Twenty years on, James is a celebrated garden maker and thinker whose garden, *Federal Twist*, has featured in numerous publications including *The New York Times*, *Gardens Illustrated*, the *Financial Times*, the *Irish Times*, *Horticulture*, *Elle Décor*, *Better Homes and Gardens*, and in several books—*Wild* by Noel Kingsbury and Claire Takacs, *American Gardens* by Monty Don, *Dreamscapes* by Claire Takacs, *Plant Lust* by Christopher Woods, and *Planting in a Post Wild World* by Thomas Rainer and Claudia West. After visiting *Federal Twist* for his BBC film series *American Gardens*, Monty Don, the British TV gardening celebrity, said “after over 50 years of gardening and visiting gardens, it made me rethink what a garden can be and do.” James published a new book on his garden—*The View from Federal Twist: a New Way of Thinking about Gardens, Nature and Ourselves* in 2023.